

Children's Surgical Associates

1814 Lucerne Terrace, Suite A

Orlando, FL 32806

(407) 540-1000

INFORMATION REGARDING YOUR CHILD'S SURGERY

Your child has been scheduled for surgery and anesthesia at the **Arnold Palmer Hospital for Children**. You will need to contact our office on the afternoon of the business day prior to surgery to confirm your surgery time (407) 540-1000. **Please report to registration on the 1st floor at Arnold Palmer Hospital 2 hours before your surgery.**

He/She must have an empty stomach when receiving an anesthetic. Therefore, it is **VERY IMPORTANT** that your child follow these instructions to ensure his or her safety. If these instructions are **not** followed, your child's surgery will be delayed or cancelled.

If your child is **under six (6) months old:**

- Your child must not be fed any food, milk or formula for **six (6) hours** prior to **arrival** at the hospital.
- If you are breast feeding your child, you may continue to do so up to **four (4) hours** prior to arrival at the hospital.
- **Two (2) hours prior to arrival** at the hospital, you may offer your child up to four (4) ounces of **clear liquids**. This includes apple juice, water, Pedialyte, Kool-aid and Gatorade.
Note: Milk, formula and orange juice are not clear liquids.
- You may continue giving necessary medications during any of the above times.

If your child is six (6) months or older:

- Your child must not be fed any food, milk, formula, hard candy or gum for **eight (8) hours** prior to **arrival** at the hospital.
- Your child may have **clear liquids** up to **four (4) hours** prior to arrival at the hospital. This includes apple juice, water, Pedialyte, Kool-aid, soda and Gatorade.
Note: milk, formula and orange juice are not clear liquids.
- You may continue giving any necessary medications during any of the above times with minimal amount of water (1-2 tablespoons).

If for any reason you cannot have your child at the hospital at the time of surgery, please call our office at (407) 540-1000. In addition, if your child develops any symptoms of a cold or other illness please bring this to our attention at least 24 hours prior to your surgery time.

Ross Morgan, MD

David Miller, MD

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